

Greenleaf Calendar

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30AM Catholic Mass (CH & Ch36)¹</p> <p>10:30AM Communion (room to room visits)</p> <p>11:00 AM Protestant Services (CH & Ch36)</p>	<p>10AM Standing Balance (Ch95)²</p> <p>10:30AM Move with Mary (Ch36)</p> <p>2:00 Functional Fitness (Ch95)</p> <p>3:00 TED Talk: A Needle Free Vaccine Patch That's Safer (Ch95)</p>	<p>10AM Strength Training (Ch95)³</p> <p>10:30AM Move with Mary (Ch36)</p> <p>2:00PM Arthritis Fitness (Ch95)</p>	<p>10AM Standing Balance (Ch95)⁴</p> <p>10:30AM Move with Mary (Ch36)</p> <p>11AM Communion Room to Room</p> <p>2PM 1:1 Leisure Sessions with Kristen</p> <p>7PM Ross Failia Entertains (Ch 36)</p>	<p>10AM Strength Training (Ch95)⁵</p> <p>11AM-11:45AM 1:1 Sessions with Kristen</p> <p>11:30am Visit from Ollie the Therapy Dog</p> <p>2PM Leisure Cart with Rick (volunteer) Room to Room services</p> <p>2:30 Prize Bingo</p>	<p>10AM Standing Balance (Ch95)⁶</p> <p>10:30AM Move with Mary (Ch36)</p> <p>2:00 Functional Fitness (Ch95)</p>	<p>10AM Saturday Stretches (Ch95)⁷</p> <p>3:30PM Chair Yoga (Ch95)</p>
<p>9:30AM Catholic Mass (CH & Ch36)⁸</p> <p>10:30AM Communion (room to room visits)</p> <p>11:00 AM Protestant Services (CH & Ch36)</p> <p>3:30PM Healthy Hands (Ch95)</p> <p>5:30PM Super Bowl (NBC)</p> <p>Super Bowl Sunday!!</p>	<p>10AM Standing Balance (Ch95)⁹</p> <p>10:30AM Move with Mary (Ch36)</p> <p>2:00 Functional Fitness (Ch95)</p> <p>3:00 TED Talk: Sleep Is Your Superpower (Ch95)</p> <p>7:00 Afterglow Entertains (Ch36)</p>	<p>10AM Strength Training (Ch95)¹⁰</p> <p>10:30AM Move with Mary (Ch36)</p> <p>11AM-11:45AM Leisure Cart with Kristen</p> <p>2PM Valentine's Bingo</p>	<p>10AM Standing Balance (Ch95)¹¹</p> <p>10:30 Move with Mary (Ch36)</p> <p>11AM Communion Room to Room</p> <p>2:00 Functional Fitness (Ch95)</p> <p>2PM 1:1 Leisure Sessions with Kristen</p>	<p>10AM Strength Training (Ch95)¹²</p> <p>11:30am Visit from Ollie the Therapy Dog</p> <p>2PM Leisure Cart with Rick (volunteer) Room to Room services</p> <p>2PM 1:1 Leisure Sessions with Kristen</p>	<p>10AM Standing Balance (Ch95)¹³</p> <p>10:30AM Move with Mary (Ch36)</p> <p>2:00 Functional Fitness (Ch95)</p>	<p>10AM Saturday Stretches (Ch95)¹⁴</p> <p>3:30PM Chair Yoga (Ch95)</p> <p>Happy Valentine's Day</p>

Any additional questions, please call Life Enrichment Manager Annamarie Castle-Franco at ext. 2357

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30AM Catholic Mass (CH & Ch36) ¹⁵</p> <p>10:30AM Communion (room to room visits)</p> <p>11:00 AM Protestant Services (CH & Ch36)</p>	<p>10AM Standing Balance (Ch 95) ¹⁶</p> <p>10AM- 12PM Music Therapy Sessions with Stacy Jager</p> <p>2:00 Functional Fitness (Ch95)</p>	<p>10AM Strength Training (Ch95) ¹⁷</p> <p>10:30 Move with Mary (Ch36)</p> <p>11AM-11:45AM Leisure Cart with Kristen</p> <p>2PM Table Games in GL Dining Room</p>	<p>9:30 Ash Wednesday Service (Ch36) ¹⁸</p> <p>10AM Standing Balance (Ch95)</p> <p>10:30 Move with Mary (Ch36)</p> <p>11AM Communion Room to Room</p> <p>2pm Cards & Table Games</p> <p style="text-align: center;">Ash Wednesday</p>	<p>10AM Strength Training (Ch95) ¹⁹</p> <p>11AM-11:45AM 1:1 Sessions with Kristen</p> <p>11:30am Visit from Ollie the Therapy Dog</p> <p>2PM Leisure Cart with Rick (volunteer) Room to Room services</p> <p>2:30 Prize Bingo</p>	<p>10AM Standing Balance (Ch95) ²⁰</p> <p>10:30 Move with Mary (Ch36)</p> <p>2PM Functional Fitness (Ch95)</p>	<p>10AM Saturday Stretches (Ch95) ²¹</p> <p>3:30 Chair Yoga (Ch95)</p>
<p>9:15AM Catholic Mass (CH & Ch36) ²²</p> <p>10:30AM Communion (room to room visits)</p> <p>11:00 AM Protestant Services (CH & Ch36)</p>	<p>10AM Standing Balance (Ch95) ²³</p> <p>2:00 Functional Fitness (Ch95)</p> <p>3:00 TED Talk: The Brain-Changing Benefits to Exercise (Ch95)</p> <p>7:00 Eddie Korosa & Ed Bagdon Entertains (Ch36)</p>	<p>10AM Strength Training (Ch95) ²⁴</p> <p>10:30AM Move with Mary (Ch36)</p> <p>11AM Cardio Blast with Mary (Ch36)</p> <p>2PM Table Games (GL Dining Room)</p>	<p>10AM Standing Balance (Ch95) ²⁵</p> <p>11AM Communion Room to Room</p> <p>2PM Cards & Table Games</p>	<p>10AM Strength Training (Ch95) ²⁶</p> <p>11AM-11:45AM 1:1 Sessions with Kristen</p> <p>11:30am Visit from Ollie the Therapy Dog</p> <p>2PM Leisure Cart with Rick (volunteer) Room to Room services</p> <p>2:30 Prize Bingo</p>	<p>10AM Standing Balance (Ch95) ²⁷</p> <p>2PM Functional Fitness (Ch95)</p>	<p>10AM Saturday Stretches (Ch95) ²⁸</p> <p>3:30 Chair Yoga (Ch95)</p>