

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: A&C Arts & Crafts Room ALAR Assisted Living Activity Room ALL Assisted Living Lobby CH Community Hall Ch 36 Channel 36 ILL Independent Living Lobby MDR Main Dining Room OR Oak Room		9:30 Daily Chronicle (ALAR) 1 10:00 Rise & Shine with Mary (ALAR) 10:00 Trip to Walgreens*(ALL) 11:00 Tuesday Trivia (ALAR) 11:30am-1pm Emilie Store Cart (AL Dining Room) 2:00 Improv and Sip (ALAR) 4:00 Resident Choice	9:30 Rise and Shine (ALAR) 2 10:00 Communion (ALAR) 10:00 Trip to DuSable Museum* (ALL) 10:45 Learn Chess with Samone (AL Library) 11:00 Sign-up Sheet Day with Annamarie (ALAR) 2:00 Wheel of Fortune (ALAR) 4:00 Residents Choice	9:30 Daily Chronicle (ALAR) 3 10:00 Rise & Shine with Mary (ALAR) 10:00 Trip to Jewel * (ALL) 10:30 Jackie the Violinist (ALAR) 11:00 Crosswords (ALAR) 2:00 Bunco (ALAR) 3:30 Social Time (OR) 4:00 Residents Choice 6:00 Series: Diplomat (ALAR)	9:30 Rise & Shine (ALAR) 4 10:00 Bingo with Elim & Friends (ALAR) 2:00 Help Your Neighbor (ALAR) 4:00 Residents Choice	9:30 Rise & Shine (ALAR) 5 10:00 Daily Chronicle (ALAR) 10:45 Current Events (ALAR) 2:00 Bingo (ALAR) 4:00 Resident Choice
9:30 Catholic Mass (CH & Ch36) 6 10:00 Daily Chronicle (ALAR) 10:30 Coffee & Conversations (ALAR) 11:00 Protestant Worship Service (CH & Ch36) 2:00 Movie: Don't Say Good Luck (ALAR) 4:00 Resident Choice	9:30 Rise & Shine (ALAR) 7 10am-4pm Massage Therapy with Oralia* (SPA) 10:30 Monday Morning Trivia 11AM-2PM Labor Day Buffet* (MDR) 2:00 Afternoon Movie (ALAR) 4:00 Resident Choice (ALAR) Labor Day	9:30 Daily Chronicle (ALAR) 8 9:30 Chair Yoga Soft Flow with Anna Castle (CH & Ch36) 10:00 Rise & Shine w/ Mary (ALAR) 10:00 Trip to Dollar Tree* (ALL) 10am-12pm Voter Assistance and Registration (OR) 11:00 Tuesday Trivia (ALAR) 2:00 Don't Touch the Color (ALAR) 4:00 Resident Choice	9:30 Rise & Shine (ALAR) 9 10:00 Communion (ALAR) 10:45 Chess with Samone (AL Library) 10:45 Lunch Trip to First Watch* (ALL) 2:00 From Sea to Shining Sea Trivia with Lisa (ALAR) 4:00 Resident Choice	9:30 Daily Chronicle (ALAR) 10 10:00 Rise & Shine w/ Mary (ALAR) 10:00 Trip to Caputo's* (ALL) 10:30 Jackie the Violinist (ALAR) 11:00 Trivia (AL CT.) 2:00 A Grandparents Wisdom Wall & Social (ALAR) 3:30 Social Time (OR) 5:30-7:30pm End of Summer Celebration featuring Metro Star Orchestra (IL Front Entrance)	9:30 Rise & Shine (ALAR) 11 10:00 Bingo with Elim & Friends (ALAR) 2:00 Spin the Bottle: True or Dare 4:00 Residents Choice	9:30 Rise & Shine (ALAR) 12 10:00 Daily Chronicle (ALAR) 10:45 Current Events (ALAR) 2:00 Bingo (ALAR) 4:00 Resident Choice
9:30 Catholic Mass (CH & Ch36) 13 10:30 Coffee & Conversations (ALAR) 11:00 Protestant Worship Service (CH & Ch36) 2:00 Grandparents Day Tea Party (ALAR) 4:00 Resident Choice Grandparents Day	9:30 Chair Yoga with Annamarie (ALAR) 14 10:00 Orland Park Library Visits (AL Library) 10am-4pm Massage Therapy with Oralia* (SPA) 10:00 Activity Planning (ALAR) 1:00 Trip to Starved Rock* (ALL) 2:00 New Resident Meet & Greet (ALAR) 3:00 Nails & Relaxation (ALAR) 4:00 Residents Choice (ALAR) 6:30 Peter Opriska Entertains (CH & Ch36)	8am-12pm Hem & Stitch (OR) 15 9:30am Daily Chronicle (ALAR) 10:00 Rise & Shine with Mary (ALAR) 10:00 Trip to Home Goods* (ALL) 10:15 Visit from Officer P and Holly 11:00 Tuesday Trivia (ALAR) 11:30am-1pm Emilie Store Cart (AL Dining Room) 2:00 Mark Hoffman Entertains (ALAR) 4:00 Resident Choice	9:30 Rise & Shine (ALAR) 16 10:00 Trip to Cantigny* (ALL) 10:00 Communion (ALAR) 10:45 Learn Chess with Samone (AL Library) 11:30 Until supplies last Guacamole Day Bistro Giveaway (BIS) 2pm Craft with Whoos Caring (ALAR) 4:00 Resident Choice 6:30 Liz Goss Entertains (CH & Ch36)	9:30 Daily Chronicle (ALAR) 17 10:00 Rise & Shine w/ Mary 10:15 Visit from Officer Minx and Petals 10:00 Trip to Meijer* (ALL) 10:30 Jackie the Violinist (ALAR) 11:00 Resident Council (ALAR) 2:00 Bunco (ALAR) 3:00 Social Time (OR) 6:00 Series Night: Diplomat (ALAR)	9:30 Rise & Shine (ALAR) 18 10:00 Trivia & Brain Games 2:00 Jennifer Hall Entertains (ALAR) 4:00 Resident Choice	9:30 Rise & Shine (ALAR) 19 10:00 Daily Chronicle (ALAR) 10:45 Current Events (ALAR) 2:00 Bingo (ALAR) 4:00 Resident Choice Oktoberfest Begins
9:30 Catholic Mass (CH & Ch36) 20 10:00 Daily Chronicle (ALAR) 10:30 Coffee & Conversations (ALAR) 11:00 Protestant Worship Service (CH & Ch36) 2:00 Movie: Ordinary Angels (ALAR) 4:00 Resident Choice Fall Prevention Awareness Week	9:30 Chair exercise Steady and Ready (ALAR) 21 10am-4pm Massage Therapy with Oralia* (SPA) 10:00 Monday Morning Trivia (ALAR) 11:30 Lunch Trip to Weber Grill Restaurant* (ALL) 2:00 Step into Safety Walking Challenge (ALAR) 4:00 Residents Choice Step into Safety Wear Green Wear Comfortable Shoes	9:30 Chair Slow Flow Yoga with Anna Castle (CH & Ch36) 22 10:00 Rise & Shine with Mary (ALAR) 10:00 Trip to Von Maur* (ALL) 11:00 Tuesday Trivia (ALAR) 2:00 Safe Steps Footwear Check (ALAR) 4:00 Resident Choice Autumn Begins Safe Steps Footwear Check Wear Your Favorite Socks	9:30 Rise & Shine: Move to the Music (ALAR) 23 10:00 Communion (ALAR) 10:00 Trip to Wind Creek Casino* (ALL) 10:45 Chess with Samone (AL Library) 2:00 Thomas & Friends Entertain (ALAR) 4:00 Resident Choice 6:30 Frank Rossi Entertains (ALAR) Move to the Beat Wear Yellow	9:30 Daily Chronicle (ALAR) 24 10:00 Rise & Shine w/ Mary 10:00 Trip to Aldi* (ALL) 10:30 Jackie the Violinist (ALAR) 11:00 Fall Prevention Trivia (ALAR) 2:00 NuStep Your Way to Stronger Legs (ALAR) 3:00 Social Time (OR) 6:00 Series Night: Diplomat (ALAR) NuStep Day Wear Orange	9:30 Rise & Shine Balance & Brain Game (ALAR) 25 10:00 Bingo with Elim & Friends (ALAR) 10:00 Stellwagon Tour* (ALL) 2:00 Fall Prevention Scavenger Hunt and Awards Ceremony 4:00 Resident Choice Fall Prevention All Stars Wear Team Jersey	9:30 Rise & Shine (ALAR) 26 10:00 Daily Chronicle (ALAR) 10:45 Current Events (ALAR) 2:00 Bingo (ALAR) 4:00 Resident Choice
9:30 Catholic Mass (CH & Ch36) 27 10:30 Coffee & Conversations (ALAR) 11:00 Protestant Worship Service (CH & Ch36) 2:00 Movie: Field of Dreams (ALAR) 4:00 Resident Choice	9:30 Chair Yoga with Annamarie (ALAR) 28 10am-4pm Massage Therapy with Oralia* (SPA) 10:00 Orland Park Library Visits (AL Library) 10:00 Vision Support Group: Vision without Limits (EDR) 11:00 Wacky Words (ALAR) 2:00 Fall Wreath Making (ALAR) 4:00 Residents Choice 6:30 Eddie Korosa Entertains (CH & Ch36)	10:00 Rise & Shine with Mary (ALAR) 29 10:00 Trip to JCPenney*(ALL) 11:00 Tuesday Trivia (ALAR) 11am-1pm Alzheimer's Awareness Shirt Sale (Outside Bistro) 2:00 Martini Mixer (ALAR) 4:00 Resident Choice	9:30 Rise & Shine (ALAR) 30 10:00 Communion (ALAR) 11:30 Lunch Trip to Red Lobster* (ALL) 10:45 Learn Chess with Samone (AL Library) 2:00 Country Singer Rob McDougale Entertains Western Day (ALAR) 4:00 Resident Choice Western Day	September 2026 Assisted Living Activities		